



# Bright Hope

in North West Leicestershire

Giving support when you need it

Come and  
join our  
team!



# Volunteering

## A variety of rewarding roles

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[www.brighthouse-nwl.org.uk](http://www.brighthouse-nwl.org.uk)



# Volunteering

## Becoming a member of the Bright Hope volunteer team.

Our charity works to support individuals who have a condition that leads to a reduction in quality of life or who have been diagnosed with a life limiting condition, as well as offering support to their partner or carer.

Volunteers are an important part of our charity. Currently over 90 local people give up their time to help us in many ways. With the opening of Bright Hope House, we are looking to welcome new volunteers to our charity as we strive to support more and more people.

We have a variety of rewarding volunteer roles across the charity – if you can offer some time either weekly, fortnightly or monthly we would love to hear from you. Every hour you commit has great value to those receiving it.



Each volunteer is assured a warm welcome, full induction and any training relevant to their role.

We only offer volunteer roles to those aged 18 or over. We do occasionally have availability for volunteers aged 16 and 17 to support at events. If this is of interest, please email the Volunteer Co-ordinator for further information.

## We have a range of volunteering roles available:

- Help us run our reception area or in the office at Bright Hope House
- Provide support to our guests at Bright Hope House, chatting to our guests, helping with activities and playing games
- Help run one of our Support Cafés in Ibstock, Ashby and Coalville, spending time with local people, providing refreshments and at the same time offer a listening ear.
- Become one of our volunteer drivers, supporting isolated people to access our services, whether this is one of the Support Cafés, Bright Hope House or one of our therapy sessions.

- Become a befriender, offering support over the phone to local people who are socially isolated.
- Being part of our fundraising team developing opportunities to raise vital funds for the charity.
- Helping out at events to promote our services to others.

### Counselling placements

If you are training to be a counsellor and are at Level 4, or undertaking a masters and need volunteer hours, please contact us as we may be able to offer you a placement.

### Special skills and knowledge

We also would like to connect with people with skills or knowledge who are happy to visit our services to offer enriching activities to our guests such as:

- Art and crafts
- Music or singing
- Local knowledge or history talks

You do not have to commit many hours, but every hour you give has great value to those receiving it.

### Interested?

Please download a copy of our volunteer application form on our website and we'll be in touch.

If you are unable to download an application form or would prefer an informal chat please contact our Volunteer Co-ordinator on 01530 648 553.

### Volunteer as a corporate group

There is evidence showing there is a strong link between mental health and productivity in the workplace. At Bright Hope in North West Leicestershire we are looking to forge links between ourselves and companies for the benefit of both parties. For more details please go to our website and download our 'Corporate Champion' leaflet or contact our Volunteer Co-ordinator.





# Bright Hope

in North West Leicestershire

**Giving support when you need it**

## **Our mission and vision:**

Bright Hope offers a range of non-clinical, therapeutic and social care services in North West Leicestershire.

The charity supports adults with a life limiting condition, or one that leads to a reduction in quality of life, as well as offering support to their partner, carer or family.

## **About us:**

Bright Hope in North West Leicestershire is a local charity, which prides itself on the existing range of valuable services provided for those over 18 years living with a life limiting illness, or other conditions that significantly limit the quality of life.

We also recognise the vital role of those in caring roles. We strive to ensure support for family members and carers, enabling them to recharge their batteries and take a well-earned break.

It is possible to self-refer to all of our services apart from counselling, which must be made by a health or social care professional.

The full range of our services and online referral form can be found on our website, or please contact us by any of the ways below.

For further details contact us at:  
Bright Hope House,  
Talbot Lane, Swannington, Leicestershire LE67 8QT

**info@brighthope-nwl.org.uk** or call **01530 648 553**

**www.brighthope-nwl.org.uk**



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